# FACULTY GUIDE FOR CBE TRANSFORMATION

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## What Is Competency-Based Education (CBE)?

Every year, more colleges and universities transition their academic programs to a CBE curriculum to meet the demands of a competitive workforce. When this happens, there is usually:

- A shift from learner seat time to demonstrating mastery of skills and knowledge
- Alignment of competencies and program goals with industry needs
- Opportunities for flexible progression so learners advance based on their individual pace of learning
- Competency assessment based on performance, portfolios, projects, and simulations
- Data and analytics to track learner progress to provide timely feedback

## What does this transition mean for faculty?

Successful CBE academic programs rely on faculty who recognize the value of CBE in promoting personalized learning experiences and preparing learners for the modern world. Faculty become more than instructors, taking on the role of mentor, facilitator, and evaluator to guide learners' learning processes, provide timely feedback, and assess learner mastery of competencies.

#### **Faculty Roles in CBE**



#### **Differences Between Traditional and CBE Courses**

Traditional education and competency-based education (CBE) courses differ in several ways. Here are some of the main differences:

TRADITIONAL INSTRUCTION	СВЕ

## **Learner Progress**

#### Time-Based

In traditional education, learners progress through courses based on a predetermined schedule, usually divided into semesters or academic years.

#### **Mastery-Based Progression**

In CBE, progression is based on the mastery of specific competencies or learning outcomes. Learners advance when they demonstrate proficiency in those competencies, regardless of the time it takes.

## **Pre-Fixed Progression**

In traditional education, learners may advance to the next level based on a minimum passing grade or completing a specific number of credits.

## **Personalized Progression**

In CBE, learners must demonstrate competency in each required skill or knowledge area before progressing. This ensures that learners have a solid foundation before moving forward.

## **Time Spent**

#### **Focus on Seat Time**

Traditional education often emphasizes the number of hours spent in class or completing assignments as a measure of progress

### **Demonstrated Proficiency**

In CBE, the focus shifts to learners demonstrating mastery of specific skills and knowledge. The emphasis is on what learners can do and how well they can do it.

## Curriculum

#### **Fixed Curriculum**

Traditional education typically follows a fixed curriculum with set courses and content for all learners.

## **Personalized Learning**

CBE allows for more personalized learning experiences. Learners have the flexibility to progress at their own pace, focus on areas where they need improvement, and pursue their individual interests and strengths.

## **Assessment**



## Standardized tests, exams, and grades

In CBE, assessments are designed to measure specific competencies and can include various forms beyond traditional tests, exams, and quizzes.

## Projects, portfolios, presentations, simulations, and real-world applications

CBE assessments are often more focused on practical skills and application of knowledge. This may be through the application of knowledge through scenarios.

### **Instruction Focus**

#### **Teacher-Centered**

Traditional education often follows a teacher-centered approach, where the instructor primarily delivers information and learners passively receive it.

#### **Learner-Centered**

CBE shifts to a learner-centered focus, where learners actively engage in the process, set goals, and take ownership of their learning. Faculty members serve as guides and facilitators, providing support and feedback.

Remember that while these differences highlight the contrasting features of traditional and competency-based education, there can be variations in implementation and overlaps between the two approaches in different educational contexts.

## **Expectations Of CBE Faculty**

In a CBE model, your role as an educator doesn't change: You're still expected to provide guidance and support to learners as they progress through their educational journey. As you know, each learner possesses unique strengths, learning styles, and aspirations. By adopting CBE, faculty demonstrate their commitment to fostering an inclusive and flexible environment that accommodates diverse learners.

In CBE, you are expected to shift your focus from traditional time-based measures of progress to a more learner-centered approach. You'll also work to clearly define learning outcomes and competencies, ensuring that they have a clear understanding of what is expected of them. Finally, you'll provide regular feedback and assessments to help learners gauge their progress and identify areas for improvement.

Faculty play a vital role in motivating learners to take ownership of their learning by setting goals, engaging in self-reflection, and seeking opportunities to apply their knowledge in real-world contexts. Because learner agency improves learning outcomes and prepares learners for the workplace, CBE courses prioritize learners' needs. You'll support each learner as they progress through the course and make timely decisions about interventions that may result in revisiting content.

In a competency-based education environment, active engagement, collaboration, and authentic assessments are key to preparing learners for competency mastery. You'll facilitate peer-to-peer learning, group projects, and interactive discussions that foster critical thinking, problem-solving, and effective communication skills. By creating an environment that supports collaboration, your instruction will empower learners to develop valuable interpersonal skills that are essential for success beyond the classroom. The assessments provided in your course are authentic in that they reflect many of the tasks and expectations learners will face when they pursue their careers.

## **Common Challenges for Learners New to CBE**

Learners who are new to competency-based courses may encounter some challenges as they transition from more traditional educational models. Here are a few common challenges they might face:

1. **Shifting Mindset:** Learners may be accustomed to a time-based progression and focusing on completing assignments within set deadlines. In a competency-based



course, they need to shift their focus to mastering specific skills and demonstrating proficiency, which can require a different approach to learning.

Instructional Strategy: Provide a Q&A discussion thread to capture learners' questions about class expectations. Include a FAQ to address common concerns and questions. Tailor feedback to align with competency-based learning outcomes.

2. Self-Regulation and Time Management: Competency-based courses often offer more flexibility in terms of pacing and scheduling. However, this increased autonomy also requires learners to take greater responsibility for managing their time effectively. Some learners may struggle with self-regulation and need to develop strong time management skills to stay on track and meet their learning goals.

Instructional Strategy: Provide resources and recommendations on time management (e.g., apps, scheduling tips). Ask learners to share their personal experiences and best practices for staying on top of deadlines and balancing work/life/school responsibilities.

3. **Setting Realistic Goals:** Competency-based education emphasizes mastery of specific skills or learning outcomes. Setting realistic and achievable goals becomes crucial for learners to make progress effectively. Some learners may initially struggle with setting appropriate goals or understanding how to break down larger competencies into manageable smaller goals.

Instructional Strategy: Assign learners a goal chart to complete within the first two weeks of the term. Ask them to refer to it throughout the term to amend, check off accomplishments, and celebrate successes.

4. **Balancing Prior Knowledge and Skill Gaps:** Learners entering a competency-based course may have varying levels of prior knowledge and skill gaps. It can be challenging for learners to navigate their existing knowledge and address any gaps they may have. Identifying and addressing these gaps requires self-assessment and a proactive approach to seeking resources and support.

Instructional Strategy: Include reflection opportunities after formative assessments.



Encourage learners to answer open-ended questions provided in grading feedback.

5. **Managing Feedback and Assessments:** In a competency-based model, assessments are often designed to measure specific skills or competencies. Learners may need to adapt to different assessment formats, such as performance tasks, projects, or simulations, which may be different from traditional exams or quizzes. Learning to interpret feedback effectively and using it to improve is essential in a competency-based approach.

Instructional Strategy: Schedule time to talk with learners about feedback and grades. Create a video to set expectations on grading and encourage learners to discuss their grades when in doubt.

6. **Seeking Support and Collaboration:** Transitioning to competency-based education may require learners to actively seek support and collaboration. Engaging with faculty, peers, and available resources becomes important in navigating the learning process effectively. Learners who are used to a more teacher-centered approach may need to develop new strategies for seeking assistance and engaging in collaborative learning opportunities.

Instructional Strategy: Create opportunities for learners to use the learning management system to communicate with peers and faculty. Offer extra credit for scheduling time during faculty office hours. Create a separate discussion board for learners only (e.g., Learner Lounge).

These challenges are not insurmountable, and with time, support, and practice, learners can adapt and thrive in competency-based courses. You are encouraged to reach out to struggling learners by providing resources and guidance to help them overcome these challenges and succeed in their learning journey.



## **Checklist for Teaching your CBE Course**

Timing	Actions	Best Practices
Before the Semester	Review the Faculty module	☐ Send email to learners confirming class
Begins	☐ Post welcome announcement/video	meeting day, time, and location
(1 week prior to class start)	Update the "About Your Instructor" section in the Welcome module	<ul> <li>Update the course shell as much as possible to provide learners with an accurate representation of the class and</li> </ul>
	☐ Post to introduction discussion thread	
	<ul><li>Ensure your contact information is current and posted</li></ul>	your expectations
	<ul> <li>Publish office hours and (if applicable) live/synchronous session schedule with access links</li> </ul>	<ul> <li>Include encouraging comments in your announcements, not just assignments and deadlines</li> </ul>
	<ul> <li>Post announcements for tutoring services, academic integrity,</li> <li>late assignment policies, etc.</li> </ul>	
	<ul> <li>Ensure that all third-party tools are functioning and properly configured</li> </ul>	☐ Notify your department chair or the Office of Instructional Technology about any issues with course shells, third-party tool access, etc.
	<ul> <li>Double-check assignment due dates and ensure gradebook is correctly set up</li> </ul>	
	Ensure textbook information is correct	Change the number of announcements
	<ul> <li>If applicable, review team project/deliverables and begin assigning teams if possible</li> </ul>	that appear on the home page to ensure that your announcements get seen
		<ul> <li>Add supplemental documents to appropriate location in learning management system</li> </ul>



Timing	Actions	Best Practices
Week 1	☐ Respond to all learner comments in Q&A discussion ☐ Make initial posts to discussion threads early in the week	<ul> <li>Post to discussion threads on at least four separate days during the week</li> <li>Be the first to post each week to help set the tone and encourage participation</li> <li>Instructor total posts should represent approximately 10%-20% of the total posts each week.</li> </ul>
Weeks 2 and 3	<ul> <li>Post grades for the previous week's assignments/discussions, e.g., give learners a "0" for all missing work</li> <li>Maintain active participation in discussion threads – post early; post often</li> <li>Monitor Q&amp;A discussion and respond promptly to learner questions</li> <li>Post weekly announcements, e.g., reminders about upcoming assignments, encouraging statements/images</li> </ul>	<ul> <li>Post grades for previous week's assignments by a set day of the week, e.g., Wednesday</li> <li>Post announcement for learners if grading expectations need to be adjusted</li> <li>Ensure that detailed comments are provided along with grades, particularly when learners do not meet expectations.</li> </ul>



Timing	Actions	Best Practices
Weeks 4-13	Post grades for the previous week's assignments/discussions, e.g., give learners a "0" for all missing work	<ul><li>Post grades for the previous week's assignments by set day</li></ul>
	<ul> <li>Maintain active participation in discussion threads – post early;</li> <li>post often</li> </ul>	<ul> <li>Post announcement for learners, if grading expectations need to be adjusted</li> </ul>
	☐ Monitor Q&A discussion and respond promptly to learner questions	
	Post weekly announcements, e.g., reminders about upcoming assignments, encouraging statements/images)	
Week 14	<ul> <li>☐ Ensure learners understand final due dates or final exam date</li> <li>☐ Post announcement regarding requests for Incomplete extensions</li> <li>☐ Ensure all learner assignments/discussions are graded, e.g., give</li> </ul>	<ul> <li>□ Provide learners with information on professional organizations and industry-related resources</li> <li>□ Encourage learners to share their overall impression of the course</li> </ul>
	learners a "0" for all missing work	impression of the course
Post Week 14		☐ If changes must be made after grades are submitted, contact your Department Chair or Dean.

