

HPR-180 120 student contact hours for the Healthful Aging Certificate

This is a written assessment to measure basic clinical knowledge appropriate to skilled patient care for a licensed or registered allied health care professional with at least 120 work hours. This is one part of a comprehensive Prior Learning Assessment for HPR-180 in the Healthful Aging Certificate program.

Patient Communication

1. Communication with the patient should be:
 - a) Non-technical and empathetic
 - b) Somewhat technical for clarity
 - c) Fully technical and have the patient ask questions
 - d) Non-technical but in a flat manner

2. If a patient asks you, "Can I speak with my doctor honestly and openly?" your response should be:
 - a) Yes.
 - b) Maybe
 - c) Depends on your doctor
 - d) No.

3. Non-verbal communication makes up about _____% of all communication between healthcare provider and patient.
 - a) 50
 - b) 70
 - c) 20
 - d) 80

4. When speaking with a 6 to 11 year old child:
 - a) use simple commands
 - b) provide healthcare options
 - c) encourage and praise, make healthcare a teaching opportunity
 - d) recognize peer pressure

5. Recognizing personal space is important for effective communication. What is the usual distant in personal space?
 - a) Touching to one foot
 - b) One and a half to four feet
 - c) Four to twelve feet
 - d) Twelve to fifteen feet

The Healthcare Team

6. Which is the designation for a Doctor of Medicine?
 - a) O.D.
 - b) Ph.D.
 - c) M.D.
 - d) D.M.

7. A _____ doctor specializes in the treatment of children.
 - a) pediatric
 - b) internal medicine
 - c) pathology
 - d) otolaryngology

8. A Nurse Practitioner is an RN that:
 - a) May have the license to prescribe medicine, depending on the state
 - b) Will have all of the authority as a doctor
 - c) Works under the license of an RN
 - d) Works at a level between LPN and RN

9. The License Practical Nurse must:
 - a) Practice under the direct supervision of an RN
 - b) Practices at the same level as a Nurse Practitioner
 - c) Practice under the supervision of an MD
 - d) Works independently

10. The Medical Assistant:
 - a) Generally has both clinical and administrative skills and responsibilities.
 - b) Has only medical administration skills and duties
 - c) Can prescribe and diagnose
 - d) Is generally employed in the surgical suite

11. A radiologic technologist:
 - a) Sterilizes medical equipment using radiation
 - b) Can include CT, ultrasound and radiation therapy technologists
 - c) Is an RN with technical training
 - d) Assists the surgeon during invasive procedures

Patient Care Skills

12. Hand washing should be done:
- a) At least five times a day
 - b) Before and after handling equipment and upon arrival and leaving each patient
 - c) When gloves are not worn
 - d) With cold water to prevent burns
13. A patient under infectious disease precautions should:
- a) Always wear PPE, Personal Protective Equipment
 - b) Have transportation limited only to what is medically necessary
 - c) Have the patient room door open to allow for fresh air
 - d) Should wear a face mask at all times
14. A needle should be considered contaminated if:
- a) It has entered the skin of a patient, regardless of the reason
 - b) It has been used to draw blood
 - c) If it has been used on an infectious patient
 - d) Only if it has been dropped on the floor
15. A carotid pulse is taken at the:
- a) wrist
 - b) neck
 - c) behind the knee
 - d) on the foot

16. Vital signs, like blood pressure, should be taken with great accuracy because (best reason):

- a) Variations in vital signs can indicate a new disease
- b) Inaccuracies cause delays in care
- c) Inaccuracies create more paperwork
- d) Retesting vital signs causes more stress on the staff

17. A normal adult respiration rate is:

- a) 14 to 20 respirations per minute
- b) 25 to 30 respirations per minute
- c) 6 to 8 respirations per minute
- d) 10 to 15 respirations per minute

18. A nasal canula should be used to:

- a) Administer large amounts of oxygen
- b) Administer small amounts of oxygen
- c) Clear out the nasal passages
- d) Administer anesthesia

19. RACE is an acronym used for:

- a) Fires in a healthcare setting
- b) Flooding
- c) A missing child
- d) An unexpected cardiac arrest

20. Abdominal thrusts would be used for:

- a) convulsions
- b) bleeding
- c) a fracture
- d) choking

21. Mild burns should be initially treated with:

- a) Cool, clean water
- b) Ointments
- c) Cool soapy water
- d) Exposure to air only

22. Before responding to an emergency situation, you should first:

- a) Assess possible victims
- b) Assess the situation
- c) Close all windows
- d) Call 911

23. A normal adult pulse rate is:

- a) 50 to 80 beats per minute
- b) 60 to 100 beats per minute
- c) 40 to 60 beats per minute
- d) 70 to 110 beats per minute

24. What color usually identifies a biowaste container?

- a) Fluorescent orange or orange-red
- b) Fluorescent blue
- c) Black
- d) Fluorescent yellow

25. The pulse-oximeter is:

- a) A non-invasive device to measure blood oxygen and pulse
- b) A non-invasive device to measure lung capacity and pulse
- c) An invasive device to measure lung capacity and pulse
- d) A non-invasive device to elevate respiration and pulse

Medical Vocabulary

26. A prone patient is on his/her:

- a) side
- b) stomach
- c) back
- d) hands

27. Types B, A, AB and O refer to:

- a) Bone fractures
- b) Blood
- c) Body size
- d) Personalities

28. Ascites is:

- a) A brain infection
- b) Blisters that result from third-degree burns
- c) Accumulation of fluid in the abdomen
- d) A tear in the tissue of the heart

29. Dental caries are:

- a) Cavities
- b) Braces
- c) Surgical holes
- d) Abnormalities of the tongue

30. Drug on-set is:

- a) The shelf life of a drug
- b) The amount of time to wait after meal to give medication
- c) The time for the body to respond to medication
- d) The amount of time for the effect of the medication to end

31. Patient compliance refers to:

- a) The ability of the patient to remain still
- b) The expected reaction to medication
- c) A patient's understanding and consistency in following medical instructions
- d) When a care provider follows all the rules in delivering medications

32. Which prefix indicates the smallest amount?

- a) Mega-
- b) Milli-
- c) Deca-
- d) Kilo-

33. Glucose means:

- a) Sugar
- b) Salt
- c) Blood
- d) A viral infection

34. Syncope is:

- a) An instrument to hear a heart beat
- b) Fainting
- c) An organ posterior to the liver
- d) The monitor used in ultrasound

35. Which drug classification indicates the least potential for abuse?

- a) Schedule I
- b) Schedule III
- c) Schedule III
- d) Schedule A